



90-Day Young Adult Treatment Application for Admission

Application Requirements

1. Must be an Alberta resident between the age of 18-24 years.
2. Application form completed and signed by the applicant.
3. Referring person complete page 3. – See Page 3 for referral requirements.
4. Medical physician must complete, sign, and stamp the medical assessment on pages 10-13. Please note this is an Alberta Health Services program and as such, there is no charge to have the medical completed.
5. Must provide a current and valid Alberta Health Care number on the application form.

Admission Criteria

1. All legal, medical, education, employment, and childcare services must be dealt with prior to admission so as not to interfere with your treatment program.
2. Remain alcohol and drug free for a minimum of 72 hours (3 days) prior to date of admission.

Financial Requirements

The Government of Alberta has committed to significant investment and changes to addiction treatment and recovery for Albertans. As part of the Government’s work and realignment of funding envelopes, all publicly funded residential addiction treatment services are mandated to cease charging Albertans fees for access to publicly funded residential addiction treatment, effective Oct 01, 2020.

Return all 13 pages by mail, email to admissions@poundmaker.org or by fax to our Admissions department at fax 780-459-1876. Omitted information, incomplete or illegible answers may delay your admission.

Please fill out the following information:			
Legal Last Name	Legal First Name	Middle Name	
Other Name(s) Used, First and Last:			
Date of Birth (YYYY-MM-DD)	Health Care Number	Age	<input type="checkbox"/> Male
			<input type="checkbox"/> Female
			<input type="checkbox"/> Other:



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Mailing Address: <input type="checkbox"/> No fixed address (please specify which City you reside in)		City/Town:	
Province:		Postal Code:	
Primary Phone:		Secondary Phone:	
If you do not have a phone where can we leave a message for you?			
Email Address:			
Marital Status (Please Check one box only):			
<input type="checkbox"/> Single/Never married		<input type="checkbox"/> Common Law	<input type="checkbox"/> Divorced
<input type="checkbox"/> Married		<input type="checkbox"/> Separated	<input type="checkbox"/> Widowed
Ethnicity:			
<input type="checkbox"/> Status		<input type="checkbox"/> Métis	<input type="checkbox"/> Non-Indigenous
<input type="checkbox"/> Non-Status		<input type="checkbox"/> Inuit	<input type="checkbox"/> Other:
Treaty Status (if applicable):			
<input type="checkbox"/> Status		<input type="checkbox"/> Métis	
Band Name:			
10 Digit Treaty Number:			
Residence:			
<input type="checkbox"/> On Reserve		<input type="checkbox"/> Off Reserve	
Education level achieved: (please check one box only)		Employment status: (please check one box only)	
<input type="checkbox"/> Grade 1-6	<input type="checkbox"/> Grade 7-9	<input type="checkbox"/> Grade 10-12	<input type="checkbox"/> Employed
<input type="checkbox"/> Completed Grade 12	<input type="checkbox"/> Some Post-Secondary	<input type="checkbox"/> Not in Labor Force	<input type="checkbox"/> Unemployed
<input type="checkbox"/> College Diploma/Degree	<input type="checkbox"/> University Degree		
Next of Kin to be notified in case of emergency		Relationship to the Applicant	
Primary Phone Number:		Secondary Phone Number:	
Secondary next of kin to be notified		Relationship to the Applicant	
Primary Phone Number:		Secondary Phone number:	
If prescriptions or Ambulance services are required, how will they be paid for? (Alberta Works, AISH, Blue Cross, Health Canada (INAC), etc.?)			
Benefits Number (e.g.: AISH/Alberta Works file number, Treaty Number, Blue Cross Benefits Number)			



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Please note that all referrals must be on a professional basis, from elders or community support workers.

Referral guidelines:

- The referral will be the contact person for the applicant.

This section is to be completed by the referring person only					
Referring Person's name:					
Agency:			Relationship to applicant:		
Business Address:			City:		Province:
Postal code:		Email:			
Phone Number:			Fax Number:		
Type of Referral (check the box which most applies)					
<input type="checkbox"/> AHS Addiction Services	<input type="checkbox"/> Health/Medical Doctor		<input type="checkbox"/> Business/Workplace: _____		
<input type="checkbox"/> Other Addiction Agency	<input type="checkbox"/> Justice/Legal Counsel		<input type="checkbox"/> Elder/Community Support Worker		
<input type="checkbox"/> Mental Health Centre	<input type="checkbox"/> WCB/Disability Management		<input type="checkbox"/> Other: _____		
Readiness for change:					
<input type="checkbox"/> Pre-Contemplative	<input type="checkbox"/> Contemplative	<input type="checkbox"/> Preparation	<input type="checkbox"/> Action	<input type="checkbox"/> Maintenance	<input type="checkbox"/> Relapse
What is your assessment of the applicant's readiness and motivation for residential treatment?					

Other than alcohol, drug or gambling, what issues does the applicant need to address while in the program?					

<input type="checkbox"/> Contact the referral for any missing information and to set an admission date					
<input type="checkbox"/> Contact the applicant for any missing information and to set an admission date					
Referral's Signature			Date (YYYY-MM-DD)		
Applicant's Signature			Date (YYYY-MM-DD)		



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Legal Matters

****All Legal Matters must be dealt with prior to admission as to not interfere with your treatment****

Please check off any conditions that apply and complete the section below. <i>(Please submit any legal orders)</i>			
Federal	<input type="checkbox"/> Parole	<input type="checkbox"/> Statutory Release	
Provincial	<input type="checkbox"/> Probation	<input type="checkbox"/> Recognizance	<input type="checkbox"/> Conditional Sentencing Order
	<input type="checkbox"/> Temporary Absence		
Type of Offence		Name of Parole/Probation Officer	
Parole/Probation Officer's Phone		Parole/Probation Officer's Agency/Office	
If you have a history of criminal convictions, list the type of approximate dates of conviction(s)			

Please list any recent charges from the past year. (We may require supporting documentation)			

I, _____ confirm that I do not have any current legal matters before the courts for have any legal orders such as listed above. If this is to chance during my wait period, I will update Poundmaker's Lodge Treatment Centre's with my current circumstances.			
Signature		Date (YYYY-MM-DD)	
Would you be coming to treatment for Employment Reasons?			
<input type="checkbox"/> Yes		<input type="checkbox"/> No	
Do you have Child Welfare involvement?			
<input type="checkbox"/> Yes		<input type="checkbox"/> No	Worker's Name: _____
			Contact: _____



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Please describe in detail your alcohol, other drug use and/or gambling

What Substance are you Seeking Treatment for?		
What do you use most often?		
Pattern of use (e.g.: daily, binge)	Route (e.g.: IV, Oral, Intranasal, etc.)	
How long have you used this substance?		
How long has this been a problem for you?		
Date you last used this substance? (YYYY-MM-DD)		
Other Substance Used		
What other substance do you use?		
Pattern of use (e.g.: daily, binge)	Route (e.g.: IV, Oral, Intranasal, etc.)	
How long have you used this substance?		
How long has this been a problem for you?		
Date you last used this substance? (YYYY-MM-DD)		
Other Substance Used		
What other substance do you use?		
Pattern of use (e.g.: daily, binge)	Route (e.g.: IV, Oral, Intranasal, etc.)	
How long have you used this substance?		
How long has this been a problem for you?		
Date you last used this substance? (YYYY-MM-DD)		
Other Addiction Concerns:		
<input type="checkbox"/> Video games/TV	<input type="checkbox"/> Sex/Pornography	<input type="checkbox"/> Food
<input type="checkbox"/> Shopping	<input type="checkbox"/> Relationships	<input type="checkbox"/> Other:



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Gambling
Types of gambling done? (VLT, Bingo, Lottery)
Pattern of gambling (e.g.: daily, weekends, paydays)
Amount of money gambled per occasion
How long have you gambled?
How long has this been a problem for you?
Date you last gambled (YYYY-MM-DD):
Treatment history for alcohol or gambling problems
Have you previously attended a treatment centre for addictions and/or gambling? And if so, which one(s) and when?
Reason(s) for previous treatment
Approximate date(s)
How long did you remain alcohol, drug, or gambling free after treatment?
1. Describe in detail how your drinking, drug taking and/or gambling affected you and your life? (<i>e.g.: effects on family, relationships, employment, health, social life, etc.</i>)

2. What are your reason(s) for wanting to attend residential treatment at this time?

3. What are the most important areas for you to address while in treatment?



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4. Do you have any special needs or problems that we need to be aware of? (*reading and writing English, wheelchair accessibility, hearing difficulties, problem with stairs and long corridors*)

- No
 Yes, provide details:

5. Are you seeing a doctor regularly for any reason, including refilling medication?

- No
 Yes, provide details:

6. Describe current medical problems (e.g.: chronic health issues, recent surgery, injuries, pain, etc.)

7. Have you been hospitalized in the past 12 months?

- No
 Yes, provide details:

8. Have you ever experienced mental health concerns? (*e.g. panic attacks, hallucinations/delusions, uncontrollable rage, mood swings, mental illness, etc.*)

- No
 Yes, provide details:

9. Describe in detail how the above problems (question 8) affected you or others both in the past and currently

- No
 Yes, provide details:



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10. Have you had any thoughts of suicide and/or have you self-harmed?				
<input type="checkbox"/> No <input type="checkbox"/> Yes, describe in detail <hr/> <hr/> <hr/>				
11. Have you attempted suicide?				
<input type="checkbox"/> No <input type="checkbox"/> Yes, describe in detail <hr/> <hr/> <hr/>				
If currently under the care of a Doctor/Psychiatrist/Psychologist, complete the following boxes below:				
Name:		Phone Number:		<input type="checkbox"/> Doctor <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Psychologist
Name:		Phone Number:		<input type="checkbox"/> Doctor <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Psychologist
Check method of payment for prescription medication				
<input type="checkbox"/> Cash	<input type="checkbox"/> Certified Cheque	<input type="checkbox"/> Money Order	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard
<input type="checkbox"/> SFI / Alberta Works / AISH (Assured Income for Severely Handicapped) If checked, provide 3 rd party contract information				
Name:		Organization:		
Phone Number:		Fax Number:		
Alberta Works or AISH File Number:				
Alberta Works ONLY – Please provide one:				
<input type="checkbox"/> Barriers to Full-Time Employment		<input type="checkbox"/> Income Support		
<input type="checkbox"/> Health Canada / NNADAP If checked, provide 3 rd party contact information				
Name:		Organization:		
Phone Number:		Fax Number:		
<input type="checkbox"/> Other (example: Labor Unions, Insurance, GNWT, Homewood Health, etc.) If checked, provide 3 rd party contact information				
Name:		Organization:		
Phone Number:		Fax Number:		



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Carefully Read the Following:

- I understand to be admitted to residential treatment, I must remain alcohol and drug free for at least 72 hours (3 days) prior to my admission date. If I arrive under the influence of alcohol or other drugs, or in withdrawal requiring clinical intervention, I will be referred to a detoxification setting before treatment.
- I understand Poundmaker's Lodge is not responsible for personal costs I may incur (e.g. approved medications) while I am in treatment.
- I understand I cannot schedule any appointments (legal, dental, medical, or personal) for the period while in treatment. I must focus on my treatment program.
- I understand and agree to accept and attend all components of the treatment program as prescribed by Poundmaker's Lodge including all lectures, 12 step meetings, leisure and group counseling sessions

Signature:

Date (YYYY-MM-DD)

Waiver to Release Information

I, _____ authorize any professionals listed on this application (Referrals, Medical Staff, Probation Officers) to release to Poundmaker's Lodge Treatment Centres any information, including but not limited to, medical diagnosis, psychological and/or psychiatric assessments, evaluations and legal matter pertaining to my treatment at the aforementioned centre.

Signature:

Date (YYYY-MM-DD)

Authorization to Transfer Prescriptions

I, _____ authorize Poundmaker's Lodge to transfer my prescriptions from my current pharmacy to Ideal Care Pharmacy, Poundmaker's Lodge Pharmacy in Edmonton, for the duration of my stay at Poundmaker's Lodge. I will bring a 3-day supply of my medications with me and will be provided with the remainder of my medications by Poundmaker's Lodge Pharmacy and I understand I am responsible for coverage/payment for my prescriptions.

Signature:

Date (YYYY-MM-DD)

**** Please note that we offer admissions on a first come first serve basis and it is your responsibility to contact admissions to ensure your application has been received. Applicants will only be placed on the waitlist once we have received a completed application without any missing information or pages. Any missing information will result in delays. We require the following before you can be placed on the waitlist.**

Application Checklist

- Completed application forms answering all questions leaving no questions blank
- Include if you've had any recent charges, legal orders, upcoming court, or legal matters (including Probation / Parole Officers name and contact information on page 3)
- Confirmation of funding on page 8 (who will pay for my treatment) if applicable
- 3 signatures on page 9
- Complete referral information on page 3
- Completed medical portion of application form, including physician's signature and physician's stamp
- Restricted medication documentation, see page 13 for options (if applicable)

***Please note application expires after 6 months, it is your responsibility to keep in contact.**



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This medical assessment is required as part of the application and must be completed in full by a medical doctor.

****Please note: We will not accept medical applications without the client's name, date of birth, and health card number.**

Patient Name (last, first, initial)		Date of Birth (YYYY-MM-DD)		Personal Health Care Number			
Allergies (e.g.: drug, food, latex, other)				Special Dietary Requirements			
Review of Systems (please send relevant reports, e.g.: CBC, Hepatic profile, electrolytes, urinalysis, etc.)							
EENT							
Respiratory (e.g.: asthma, COPD)				Cardiovascular (e.g.: CVA, MI, HTN, arrhythmia, pacemaker)			
Gastrointestinal (e.g.: GERD, history of GI bleed, hepatitis, pancreatitis)				Genitourinary (e.g.: incontinence, BPH, STD)			
Musculoskeletal (e.g.: chronic pain, RA, OA, gout)				Integumentary (e.g.: psoriasis, eczema)			
Neurological: does the patient have history of seizures?				<input type="checkbox"/> No		<input type="checkbox"/> Yes	
Hematological/Immune (e.g.: HIV+, HCV+)				Evidence of withdrawal or intoxication? (e.g.: ETOH, opioid)			
Other (specify)							
Physical Examination							
Height	Weight	Temperature	Pupils	Heart Rate	Blood Pressure	Respiration Rate	
Skin		Diaphoresis			Tremor		
Is the patient diabetic?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Year Diagnosed?	Is the patient stable?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Does the patient have MRSA and wound?		<input type="checkbox"/> No	<input type="checkbox"/> Yes, (specify latest swab result):				
Is there cognitive impairment?		<input type="checkbox"/> No	<input type="checkbox"/> Yes				
Needs assistance ambulating or providing self-care?		<input type="checkbox"/> No		<input type="checkbox"/> Yes			
When was the patient's last PAP smear?				What were the results?			
Pregnancy							
Is the patient pregnant?		LMP		Para		Gravida	
<input type="checkbox"/> No, complete top boxes only →							
<input type="checkbox"/> Yes, complete all boxes →		EDC	Urine HGC	Prenatal Blood Work	Prenatal ultrasound	Blood type	
Does the patient have current pregnancy complications or had a history of pregnancy complications?							
<input type="checkbox"/> No		<input type="checkbox"/> Yes, specify:					
Physician managing the pregnancy and delivery				Phone:		Fax:	
Address of planned location of delivery:							



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Patient Name (last, first, initial)	Date of birth (YYYY-MM-DD)	PHN		
Tb Screening-Symptoms and History				
Check the appropriate boxes			No	Yes
Presence of cough lasting more than 2 weeks				
Weight loss, if yes specify _____ lbs. In _____ length of time				
Night sweats				
Fever				
Haemoptysis (blood in sputum)				
Previous active TB and treatment				
Previous significant Mantoux or chest x-ray results				
Extensive travel (or birth) in a country with high incidence of TB				
Other risk factors (e.g.: indigenous, elderly, homeless, health care worker)				
Poor general health status and risk factors for progress of disease				
Further TB screening/assessment required – if yes, please send results				
Medical Approval				
In your opinion is the patient medically stable and appropriate for admission to Residential Addiction Treatment? <input type="checkbox"/> No <input type="checkbox"/> Yes				
Physician's Name	Signature	Date (YYYY-MM-DD)		
Psychiatric Review/History (please attach any psychiatric evaluations and/or discharge summaries (if available))				
Addictions – note date of last use, pattern of abuse and severity of addiction (e.g. alcohol, cocaine, opioids, cannabis, gambling, tobacco, etc.)				
Primary	Secondary	Tertiary		
Is there evidence of the following? (please use your best judgment related to current severity of mental health concerns)		No	Yes	Comments
Mental development and/or learning disorders? (e.g. depression, anxiety disorder, bipolar disorder, ADHD, phobias, psychosis, schizophrenia)				
Underlying pervasive or personality conditions				
Acute medical conditions and physical disorders aggravating mental health (e.g. brain injury, cognitive impairment, chronic pain, insomnia)				
Contributing psychosocial and environmental factors				
Global Assessment of Functioning				
Is there a history of self-harm, suicidal thoughts, or suicide attempts? (If yes, pertinent psychiatric reports/assessments are required)				
Psychological Approval				
In your opinion is this patient psychologically stable and appropriate for admission to Residential Addiction Treatment? <input type="checkbox"/> No <input type="checkbox"/> Yes				
Physician's Name	Signature	Date (YYYY-MM-DD)		



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Patient Name (last, first, initial)	Date of Birth (YYYY-MM-DD)	PHN						
At Poundmaker's Lodge Treatment Centres, we have a restricted medication list which indicates medications we do not allow the clients to enter treatment with. Please see the following page for further details.								
Medications (if more room is needed, attach list)								
Medication	Dose	Route	Frequency	Reason given	Start Date	End Date	Prescribed By	Phone Number

Please remind patient that in order to be admitted to Poundmaker's Lodge, they need to:

- Be well enough to participate in the program and remain alcohol and drug free for at least 72 hours prior to Admission.
- Please discuss any restricted medication at your initial appointment to avoid any delays in processing your application
- Ensure any new medications not listed above have been pre-approved by the Admissions department
- If you plan to discontinue any medication(s) we request so in writing by your physician
- If you receive an alternative medication(s) we request a new prescription list
- If the patient's medical or psychological condition changes before their scheduled admission date they must contact the Admissions department.
- All current medications in their original containers with proper labels. NOTE: **Minimum of 2 days and maximum of 4 days' worth** – Upon arrival all prescriptions will be filled through Poundmaker's Pharmacy. The contact information to set up prescription transfer is 780-459-7963 (phone) and 780-459-9870 (fax). This MUST be completed prior to admission into Poundmaker's Lodge Treatment Centres.

Applicant's Name	Signature	Date (YYYY-MM-DD)
Physician's Name	Signature	Date (YYYY-MM-DD)
Mailing Address		
City/Town	Province	Postal Code
	Phone:	Fax:
Primary Physician's Name (if different than above)		Phone:
		Fax:
Other (e.g.: psychiatrist or other specialist relevant to this admission)		Phone:
		Fax:
<p>*Please ensure the medical portion is signed and stamped by the medical physician who completed the forms. Failure to do so may cause delays in processing your application.</p>		Physician's Stamp



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The following medications are restricted at Poundmaker's Lodge Treatment Centre's:

**** (Note: this list is not exhaustive and other medications may be subject to restriction) ***

<p>Opioid Pain Medications</p> <ul style="list-style-type: none"> • Codeine & Codeine containing products (e.g. Tylenol #3) • Morphine (eg. Kadian) • Fentanyl • Hydromorphone (Dilaudid) • Oxycodone (Percocet, OxyNeo) • Meperidine (Demerol) • Tapentadol (Nucynta) • Tramadol (Zytram, Ralivia, Tridural) • Pentazocine (Talwin) • Propoxyphene (Darvon) 	<p>Benzodiazepines</p> <ul style="list-style-type: none"> • Alprazolam (Xanax) • Bromazepam (Lectopam) • Lorazepam (Ativan) • Oxazepam (Serax) • Temazepam (Restoril) • Triazolam (Halcion) • Chlordiazepoxide (Librium) • Clonazepam (Rivotril) • Clorazepate (Tranxene) • Diazepam (Valium) • Flurazepam (Dalmane) • Nitrazepam (Mogadon)
<p>Psychostimulants</p> <ul style="list-style-type: none"> • Dextroamphetamine (Dexedrine) • Amphetamine Mixed Salts (Adderall XR) • Lisdexamfetamine (Vyvanse) • Methylphenidate (Ritalin, Biphentin, Concerta) • Modafinil (Alertec) 	<p>Miscellaneous</p> <ul style="list-style-type: none"> • Varenicline (Champix) • Nabilone (Cesamet) • Dronabinol (Marinol) • Medical Marijuana • Zopiclone (Imovane)

What if I am taking Methadone or Suboxone for opioid dependence treatment?

Methadone and Suboxone will be accepted at Poundmaker's Lodge Treatment Centres only if your physician has indicated you are on a stable maintenance dose.

We suggest dosing prior to coming in on your admissions day to avoid any delay in receiving your medications.

What if I am currently on a restricted Medication? We have 3 suggestions for restricted medications prior to admissions:

- With physician guidance and supervision, you may be able to discontinue the medication for the duration of your treatment. We suggest making a plan with your physician to taper off any medications.
- You can request from your physician an alternative medication that is not on the restricted medication list.
- In the event the physician feels that there is no alternative to the medication, a medical note may be written by the physician stating the reasoning for the medication as well as the length of time on said medication(s).

The note from the physician must contain the following:

1. What the medication is used to treat,
2. What dosage the patient is on,
3. What the duration of use is,
4. Statement that there is no alternative medication,
5. What will happen when client is not on this medication,
6. Statement that physician believes this medication would contribute to the client successfully completing Poundmaker's Lodge programming or addiction treatment (it needs to specifically say addiction treatment or Poundmaker's).

***** Restricted medications are always on a case by case basis and must be approved by medical staff *****

Physician's Name	Signature	Date (YYYY-MM-DD)
Applicant's Name	Signature	Date (YYYY-MM-DD)